



# Watertown Council on Aging

SENIOR CENTER  
31 MARSHALL STREET  
WATERTOWN, MASS. 02472-3403  
TELEPHONE: (617) 972-6490  
FAX: (617) 972-6493

PATRICIA GOLD, *Chairperson*

CARYL LESLIE FOX  
*Director of Senior Services*

## Minutes of COA Board Meeting- September 14, 2011

Members present: Pat Gold, Mary Keenan, Dottie Fleming, Hagop Sarkissian, Will Twombly, and V.V. Martin.

Member excused absence: Mike Donham.

Staff members present: Caryl Fox, Kathleen Wolf, and Debbie Dunn.

The meeting was called to order by Chairperson Pat Gold at 5:30 pm.

New Board member Genevieve (V.V.) Martin was introduced.

1. The minutes of the last meeting were reviewed by Board Members. Mary Keenan made a motion to approve and Dottie Fleming seconded. Passed.

### 2. Financial Statements:

The Board reviewed the July and August statements. This is the beginning of the fiscal year. Caryl Fox noted that food costs have gone up for the food pantry. In addition to recent publicity for donations, the food pantry coordinator is looking for a less expensive vendor, as well as reviewing the costs of all of the items that are given out.

### 3. Springwell Update:

Springwell's statistics on Watertown's use of its various services was given out to Board members and reviewed. The overall number of Watertown clients was slightly higher than during the previous fiscal year.

### 4. Shopping Bus Update:

The bus broke down several times over the summer. Thanks to the Marshall Home Fund, those who wanted to take taxis to the supermarket were able to do so. A new vehicle will hopefully be approved by the Town Council sometime this fall as part of a loan authorization.

### 5. LGBT Update:

Board members Will Twombly and Pat Gold reported that they have been meeting as a Marshall Home committee and that plans are being made for Springwell to host a speaker in the spring from the Greater Boston LGBT. The group will present an informational / educational session for those professions who work with seniors in Watertown. The COA will be listed as an event sponsor.

### 6. Fall Schedule:

Lectures will include a speaker from Social Security and SHINE representative, both of whom will present information on current Medicare changes. Four workshops on healthy aging will be given through funding from a Watertown Community Foundation grant. An award from the same group has been given to us to have a photographic slide show of the Watertown Charles Riverfront. We have a new yoga instructor. Returning for the fall will be regular programs including computers, book club, knitting, tai chi, Mellowtones, and art. Flu shots will be given on October 6<sup>th</sup>, and November 2<sup>nd</sup>.

### 7. Faire in the Square:

The COA will have an informational table again this year at this event which will be held on Saturday, September 24<sup>th</sup> from 10 – 4 pm. We will have material about the Senior Center, the Food Pantry and other agencies. The staff will be there and several Board members volunteered to also participate in working at the table.

9. The meeting was adjourned at 6:40 pm.

Submitted by Caryl Leslie Fox