

Watertown Council on Aging

SENIOR CENTER

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PATRICIA GOLD, Chairperson

CARYL LESLIE FOX

MARIE MORELLO, Vice-Chairperson

Director of Senior Services

Minutes of C.O.A. Board Meeting – January 10, 2007

Present: Pat Gold, Betty Finnell, Mary Keenan and Will Twombly.

Members Excused: Barbara Zenn Rediker, Jane Stadolnik, Dottie Fleming, Marie Morello, and Chris Hursh.

1. The meeting was called to order at five forty by Chairperson, Pat Gold.
- ☆ *7. New Business:
 - a. Discussion of Proposed New Community Center
The order of the meeting was changed to accommodate Town Councilor, John Lawn, who spoke about the plan and how it could benefit residents of all ages. Board members asked questions and thanked Councilor Lawn for sharing his ideas at the meeting.
2. The December minutes were reviewed by members of the Board. Mary Keenan made a motion to accept the minutes and Betty Finnell seconded. Passed.
3. Financial Statements:
Board members reviewed last month's financial reports. It was noted that the spending of the line items is where it should be for this time in the

fiscal year. Betty Finnell made a motion to approve and Will Twombly seconded. Passed.

4. Correspondence:

a. Brochures are available at the Center on the winter classes at the Arsenal Center for the Arts.

b. Caryl Fox shared information on the locations of high concentrations of seniors in Watertown. She presented this material to the sub-committee on Emergency Preparedness for Special Populations on January 9, 2007.

c. The COA brochure has been translated into Russian.

5. Staff Reports:

Caryl Fox highlighted the three staff reports. The last flu shot session was held on December 6, 2006. The holiday party on December 8, 2006 was enjoyed by all who attended, and it didn't snow! A vendor has removed the squirrels from the attic above the multi-purpose room and the holes are plugged. Lectures this month included financial planning, health care plan options, and a recorder workshop. Laura Gold's report included information on a person she worked with who was assumed to have Alzheimer's, but in fact, had a treatable medical condition that took away the symptoms. The reports were accepted by acclamation.

6. Old Business:

a. Springwell Update:

Pat Gold reported that she has an excellent candidate for the vacant position on the Springwell Board. Johnny Simmons has worked in the State house and for the AFL-CIO. Mary Keenan made a motion to appoint Mr. Simmons to the Springwell Board as a Watertown delegate and Betty Finnell seconded. Passed. The 9C cuts that Springwell was facing have had the funding restored by Governor Patrick Deval.

b. Mellowtones Update:

Kathleen Wolf has found a young, energetic local person, Nancy Knight, to facilitate the Mellowtones. She teaches music and recently led a workshop at the Center on playing the recorder. Caryl Fox suggested a ten session Mellowtones trial period with Ms. Knight receiving fifty dollars per session from the Friends. Pat Gold made a proposal for the Board. Betty Finnell made a motion to accept and Will Twombly seconded. Passed.

c. Furnishing Update:

Caryl Fox told Board members that a new refrigerator, a television for the lounge, and a small television/dvd for lectures have all been ordered and are expected in shortly.

d. Quarterly Attendance Numbers:

Caryl Fox reviewed the attendance program for October, November, and December '06. Art class and yoga showed the biggest increase in attendance. The shopping bus also increased its' ridership this quarter. Mary Keenan noted that "January '07" on the form needs to be changed to "January '06".

☆ 7. New Business:

b. Food Pantry:

Will Twombly said he had recently visited the Food Pantry and suggested that others visit to see what a great job Deb Kaup and the volunteers do for the people in Watertown using the Pantry.

c. Pat Gold said that a tree had been planted through Trees for Watertown on the Spring St. side of the Senior Center in memory of Lucy Nargozian.

8. The meeting was adjourned at 6:50 p.m.

Submitted by Caryl Leslie Fox