

Minutes of COA Board Meeting – September 16, 2015

Board Members present: Pat Gold, Mary Keenan, V.V. Martin, Carol Airasian, Dorothy Jean Brown, Alice Wadden, Burt Greenberg, Linda Moffitt and Bertha Anderson

Staff Members present: Caryl Fox and Debbie Dunn

The meeting was called to order at 5:30 pm.

1. The Board Members reviewed the minutes from the July meeting. V.V. Martin made a motion to approve and Mary Keenan seconded. Passed

2. Financial Statements:

Board Members reviewed the July and August statements. Caryl noted that the FY '16 fiscal year begins at the beginning of July so there has not yet been large amounts spent in the line items. The Marshall Home Grant was an important resource this summer as shopping bus users relied on taxis for grocery shopping when the bus was being repaired or the driver on vacation.

3. Introduction of New Board Member:

Bertha Anderson has been appointed to the COA Board. She was introduced at the meeting and welcomed by the Board Members. Bertha has been coming to exercise classes for the past 2 years and is interested in learning more about the programs and services that we provide.

4. Fall Lectures and Programs:

Debbie Dunn reported that the Watertown Police Department had presented a well attended lecture on scams earlier in the day. Board Members discussed the importance of alerting seniors on the issue. Debbie discussed the upcoming lectures including medication safety, the importance of staying active and estate planning. In November, a theatre performance about Eleanor Roosevelt will be featured. The September trip is the Scallop Festival. In October there will be a foliage trip to the White Mountains and another trip is planned for November. There will be a Harvest Party at the end of October and a Holiday Party in early December. Caryl noted that a class that seniors have requested, Zumba Gold, will start in mid-October and is being taught by a popular substitute exercise instructor.

5. Flu Shot Schedule:

Flu Shots will be given at the Senior Center on Tuesday, September 22nd from 9-11 and Thursday October 22nd from 9-11. Other dates have been scheduled by the Health Department to take place at the Library.

6. Faire on the Square:

The Faire will be held on Saturday, September 26th from 10-4. Staff will be at the COA table and a number of Board members volunteered to assist that day. Information will be available about our services and programs. We will be purchasing a tent and a new sign for this year's event.

7. An issue was raised concerning some nursing homes not being able to adequately care for people with dementia. Pat Gold noted that State Senator Brownsberger is working on a legislation to address this issue.

8. The meeting was adjourned at 6:20 PM.

Submitted by Caryl Leslie Fox