



Watertown Council on Aging

SENIOR CENTER
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PATRICIA GOLD, *Chairperson*
MARIE MORELLO, *Vice-Chairperson*

CARYL LESLIE FOX
Director of Senior Services

Minutes of C.O.A. Board Meeting - April 8, 2009

Present: Pat Gold, Marie Morello, Jane Stadolnik, Betty Finnell, Mary Keenan, Dottie Fleming, Will Twombly, and Hagop Sarkissian.

Members Excused Absence: Michael Donham.

1. The meeting was called to order at 5:30 pm.
2. The minutes of the last meeting were read by Board members. Marie Morello noted an error. Mary Keenan made a motion to approve the minutes as amended and Will Twombly seconded. Passed.
3. Financial Statements:
The March financial statements were reviewed. Caryl Fox noted that money had been transferred into the Emergency Assistance line item from the Gas line item. Will Twombly made a motion to approve and Dottie Fleming seconded. Passed.
4. Correspondence:
 - a. A thank you note for the Friends of the COA was received from a Springwell care manager who got financial help for a vet bill for a client's dog.
 - b. Kathleen Wolf received an email thanking her for help in getting the COA newsletter on-line.
 - c. A memo was received noting that the federal stimulus package will give help to the Meals on Wheels program and Food Stamp recipients.
 - d. Caryl Fox had a copy of the snow shoveling resolution passed by the Town Council on March 10, 2009.
 - e. Information on avoiding Medicare fraud will be put in the newsletter.
5. Staff Reports:
Caryl Fox worked in the Food Pantry on the two days when Deb Kaup took vacation time in early March. Grant applications were submitted to the Marshal Home Fund. The Watertown Taxi owner donated two hundred dollars worth of transportation rides in memory of his mother. Special events in March included a performance of Irish music and a meditation workshop. The reports were accepted by acclamation.
6. Old Business:
 - a. Springwell Update:
The organization is holding a Mother's Day flower fund-raiser. Information on whether the FY '2010 budget will contain further reductions is not known at present. Springwell still has a "triage" system in place for its client intake process. No on-going service plans have been cut.
 - b. Quarterly Attendance Numbers:
Exercise classes, line dancing, tai chi, and health screenings were among the groups that showed increases despite the icy winter weather. Now that the weather is improving, we are seeing more people returning to many of the programs.
 - c. Yard Sale Update:

The Yard Sale on Saturday, May 2, 2009, is our annual fund-raiser for the Senior Center Revolving Fund, and is a great activity for the seniors. People can start bringing in items on April 27, 2009. We appreciate all donations.

7. New Business:

a. Senior Center Outside Lighting:

Some spot lights will be installed on the front of the Senior Center, allowing us to put them on during winter days and evenings so the parking lot won't be so dark.

b. Founder's Day on the Charles River:

Mary Keenan discussed a celebration that will be happening on Saturday, June 6, 2009, which will feature special music and other events. Caryl Fox will contact our bus driver to see if he's available to drive seniors without transportation who want to attend.

8. The meeting was adjourned at 6:30 p.m.

Submitted by Caryl Leslie Fox