



# Watertown Council on Aging

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PATRICIA GOLD, *Chairperson*  
MARIE MORELLO, *Vice-Chairperson*

CARYL LESLIE FOX  
*Director of Senior Services*

## Minutes of C.O.A. Board Meeting – July 8, 2009

Present: Pat Gold, Jane Stadolnik, Betty Finnell, Marie Morello, Dottie Fleming, Mary Keenan, and Hagop Sarkissian.

Members Excused Absence: Will Twombly.

1. The meeting was called to order at 5:30 by Chairperson Pat Gold.
2. The Board read the minutes of the July meeting. Marie Morello made a motion to approve and Dottie Fleming seconded. Passed.
3. Financial Statements:  
Caryl Fox noted that some of the line items showed final balances for FY '09 and some still had outstanding bills that will be paid before the cut-off date of July 13, 2009.
4. Correspondence:
  - a. Debbie Dunn received a thank you note for the June trip.
  - b. Board members Mary Keenan and Marie Morello each wrote a thank-you note to staff for the successful anniversary party.
  - c. A note was received from Carol Berney thanking the COA for providing transportation to the event at the Charles River in June.
  - d. Notification was received of the Watertown Community Foundation's Award to the COA for meditation classes.
  - e. EOEA sent a memo stating that funds for FY '10 would be available to communities.
5. Staff Reports:  
Caryl Fox presented the COA FY '10 budget on June 4, 2009 at the Town Council meeting and attended the Council meeting on June 23, 2009 when the COA budget for the fiscal year was approved. On June 15, 2009, Caryl Fox attended the Watertown Community Foundation event where the grant for meditation classes was awarded. The Senior Center party on June 12, 2009 was a very big success with one hundred and twenty-five people in attendance. Lectures included the Police Department's talk on summer safety and scam prevention. The Art class had their end of the year reception. Board members discussed the possibility of the Mellowtones group performing at a separate end of the year event instead of at parties where performance time is more limited.
6. Old Business:
  - a. Springwell Update:  
There will be significant cuts to Springwell's budget in FY '10. The organization has received grants to help for some programs such as Meals on Wheels. We will need to select a new Springwell representative to replace John Simmons, who will be moving in the fall.

b. Quarterly Attendance Numbers:

Attendance numbers were up in almost every activity during this quarter including exercise classes, Watch Our Weight, all of the card groups, yoga, movies, and bingo. Spring and fall tend to be when attendance is highest because people are less likely to come in during extreme weather.

7. New Business:

a. Senior Center Building Insulation:

Dates have been set for insulation to be put in the Senior Center beginning on July 8, 2009. The building inspector and the vendor company will be working with us so that there is minimal disruption to activities.

b. EOEY FY '10 Formula Grant:

The Formula Grant will be at least level funded for FY '10. The possibility for mid-year cuts remains for the fiscal year as cuts were made during the year last year. The Grant funds part of four, part-time staff positions.

c. Food Pantry Statistics:

Board members reviewed the statistics for the Watertown Food Pantry that Deb Kaup gave to Caryl Fox. There was an increase in the number of families and number of individuals served during fiscal year '09.

8. The meeting was adjourned at 6:30 p.m.

Submitted by Caryl Leslie Fox