

Building a Grab & Go Kit

Another name for this kit is an “Evacuation” kit.

A “Grab & Go” kit is a smaller, more mobile version of the “At Home” kit.

Each household member should have a **customized** Grab & Go kit.

Kits should be **lightweight**, readily accessible even in the dark, and ready to go at any time in case you must leave home quickly.

Backpack or small wheeled bags are good choices for Grab & Go kits. Put an ID tag on each one.

Pets will need Grab & Go kits, too, with food, medications, favorite toys, litter, medications, etc. Pet carriers should also be readily accessible.

If you must evacuate, your destination will probably be a friend’s or relative’s home, or a shelter. Food, water, bedding and basic toiletries are likely to be available there, but you will still need to bring personal items.

Print out the following checklist and take it with you when you shop.

Suggested CHECKLIST for your Grab & Go Kit

- A copy of your Family Emergency Plan
- Keys to house and vehicles
- Bottled water, juice boxes.
- Cereal bars, energy bars, granola bars, trail mix, small packages of other snacks like dried fruits and nuts.
- Yogurt cups or other food that will last an hour or two without refrigeration. Baby food and formula.
- Tools & utensils for the food and drinks you pack, like scissors to open packages, spoon or fork, small paper cups, etc.
- Hand sanitizer or disinfectant wipes
- Medications (prescription and non-prescription), glasses, hearing aids, other special items
- Toiletries and personal items, like toothbrushes & toothpaste, combs & brushes, sanitary supplies, sunscreen, insect repellent, bottles, diapers & lotions for infants, etc.

IMPORTANT

Every Six Months

1. Review your plans and supplies with everyone in your home.
2. Replace expired food, water, and medicine.
3. Update your Family Emergency Plan.

Bring plenty of liquids, but remember that a large supply can be heavy.

