

Watertown Food Resources

All Households:

- Watertown Food Pantry** (617) 972-6429 Tuesday 10:00- 11:30 A.M, Thursday 4:00- 6:00 P.M.
80 Mt. Auburn St. (basement of St. John's United Methodist Church), Watertown
- St. Vincent de Paul Pantry** (617) 926-7121, at St. Patrick's Church, Watertown
26 Chestnut St. Tuesday and Thursday 10:00 -11:45 A.M.
- Red Cross Metro West** (781) 642-7000, 867 Main St., Waltham (at Francis St.)
John and Mary Collins Food Pantry: Thursday 1:00- 6:00 P.M.
- Salvation Army** (781) 894-0413, Food pantry, H.O.P.E. Kitchen (meals)
33 Myrtle St., Waltham (off Moody St.) Call for information
- Bristol Lodge Soup Kitchen** (781) 894-1611, daily hot meal at 5:00 p.m.
545 Moody St., Waltham
- Watertown Council on Aging** (617) 972-6490, Town Emergency Funds, one time food voucher
31 Marshall St. Watertown
- SERVE New England** (888) 742-7363, low cost food packages for those willing to volunteer 2 hours a month.
Watertown location is Beaverbrook Step, Inc. on Main Street. www.servenewengland.org
- FoodSource Hotline: 1-800-645-8333** Staffed by **Project Bread**, it provides information and referral to food programs in all of eastern Massachusetts (140 languages and a TTY line) Mon.-Fri. 8:00 a.m.-5:00 p.m.

Households with Children:

- WIC** (Women, Infants & Children), **1-800-WIC-1007**, food and formula vouchers for low and moderate-income pregnant or nursing women, and children under five. www.fns.usda.gov/wic/howtoapply
- Watertown WIC Program** (at Harvard-Vanguard): (617) 972-5502 for information and times

Free or Low Cost School Lunch & Breakfast: -contact student's school guidance counselor or principal for information and an application to the programs, [-w.w.w.meals4kids.org](http://www.w.w.meals4kids.org)

Households with Seniors:

- Meals on Wheels:** for all seniors, 60 and older, a hot meal is delivered on weekdays.
- Congregate Meals:** usually lunch. For details about meals on wheels & congregate meals call:
Springwell, (formerly West Suburban Elder Services): (617) 926-4100
- Watertown Council on Aging:** (617) 972-6490, 31 Marshall St., Watertown. The Senior Shuttle provides transportation to local supermarkets twice a week for a requested donation of a quarter.

Food Stamps: The rules concerning food stamp eligibility are complex and change frequently. For this reason, people should be encouraged to check their eligibility yearly. The program is administered through the **Department of Transitional Assistance**, unless a person is receiving **Social Security**. As of 2006, the local **DTA office for Watertown** residents is at 300 Ocean Ave, **Revere**, (781) 286-7801 or (800) 650-2560.

Two excellent food stamp resources:

- 1) **FoodSource Hotline: 1-800-645-8333**, (Project Bread), provides a confidential way to ask questions to determine qualification for food stamps. (TTY line & 140 languages)
- 2) www.gettingfoodstamps.org: (Project Bread) site provides up to date information about food stamps, a confidential calculator, and links to Project Bread. Can download a food stamp application (English & Spanish)

DTA (Department of Transitional Assistance) Satellite Office:

Smith Community Health Center
564 Main Street
Waltham, MA
Wednesdays from 9:00 am to 5:00 pm