

Watertown Food Resources

All Households:

- Watertown Food Pantry** (617) 972-6490 Tuesday 10:00- 11:30 AM & Thursday 4:00- 6:00 PM
80 Mt. Auburn St. at basement of Grace Vision Church, Watertown
- St. Vincent de Paul Pantry** (617) 926-7121 at St. Patrick's Church, Watertown
26R Chestnut St. Tuesday and Thursday 10:00 –11:45 AM
- Salvation Army** (781) 894-0413, Food pantry, H.O.P.E. Kitchen (meals)
33 Myrtle St, Waltham (off Moody St) Call for information
- Bristol Lodge Soup Kitchen** (781) 894-1611, daily hot meal at 5:00 p.m.
545 Moody St. Waltham
- Watertown Council on Aging** (617) 972-6490, Town Emergency Funds, one time food voucher
31 Marshall St. Watertown
- FoodSource Hotline: 1-800-645-8333** Staffed by **Project Bread**, it provides information and referral to food programs in all of eastern Massachusetts (140 languages and a TTY line)
Mon-Fri 8:00 AM-5:00 PM

Households with Children:

WIC (Women, Infants & Children), **1-800-WIC-1007**, food and formula vouchers for low and moderate-income pregnant or nursing women, and children under five.

www.fns.usda.gov/wic/howtoapply

Watertown WIC Program (at Harvard-Vanguard): **(617) 972-5502** for information and times

Free or Low Cost School Lunch & Breakfast: contact student's school guidance counselor or principal for information and an application to the programs. www.meals4kids.org

Households with Seniors:

Meals on Wheels: for all seniors, 60 and older, a hot meal is delivered on weekdays.

Congregate Meals: usually lunch for details about meals on wheels & congregate meals, call:

Springwell (formerly West Suburban Elder Services): (617) 926-4100

Watertown Council on Aging: (617) 972-6490, 31 Marshall St, Watertown. The Senior Shuttle provides transportation to local supermarkets twice a week for a requested donation of a quarter.

Food Stamps (renamed SNAP): The rules concerning food stamp eligibility are complex and change frequently. For this reason, people should be encouraged to check their eligibility yearly. There is a process for both first time application and “re-certification”. Seniors and disabled have a different application form from individuals and families with children. The program is administered through the **Department of Transitional Assistance**, unless a person is receiving **Social Security**. As of 2015, the local **DTA office for Watertown** residents is at 300 Ocean Ave, **Revere** (781) 286-7801 or (800) 650-2560.

Online application for Food Stamps/SNAP (new applicants only): www.mass.gov/dta Under “Key Resources” at left, click on “Apply Online” This form cannot be used for re-certification.

Two excellent food stamp/SNAP resources:

- 1) FoodSource Hotline: 1-800-645-8333** (Project Bread) provides a confidential way to ask questions to determine qualification for food stamps. (TTY line & 140 languages)
- 2) www.gettingfoodstamps.org:** (Project Bread) site provides up to date information about food stamps, a confidential calculator, and links to Project Bread. Can down load a food stamp application (English & Spanish)

Note: The Red Cross Food Pantry in Waltham has closed as of: 1/31/2010